

Name:
Date of Birth:
Date of Injury: 1990

Independent Medical Examination

Employment History: He is a 39-year-old man, who was employed as an account manager for Elevator when he was injured in 1990. He was off work for a year. He returned to work in light duty status in August of 1991. He worked for and then with the destruction of the World Trade Center, he lost that job. He then had begun having knee surgery. After his knee surgery in 1995, he had worsening of his knee problem. He has not worked since that time.

History of Present Illness: He reports his injury as that he was in an elevator, which then released and he had a free fall. He reports landing in upstanding position fracturing both patellae. Overall, he had multiple surgical procedures. He has had 11 operations on his knecs, eight on the right and three on the left. He reports chronic pain in his knees. His last knec operation was in September 1995. He did a right saphenous nerve ligation or resection, which produced numbness and decreased pain on the medial aspect of the right knec. He is scheduled for left knee surgery on 03/27/06 by Dr. [redacted].

Past Medical History: Otherwise unremarkable. He had no prior history of surgeries. He has no other prior medical problems.

Current Medical Complaints: He complains about knee pain worse on the right than the left. He reports the pain as constant, burning, shooting, shock like with throbbing. The pain is worsened by sitting, standing, bending, and stair climbing. He reports it is better on lying down. Other than medications of OxyContin 20 mg three times a day and amitriptyline 50 mg at night, his main treatment consists of stretching of the legs plus nonresistant quadriceps strengthening. He does not use an assistive device because he states that makes him feel worse and puts too much strain on his left knee. Rather he walks slowly.

Physical Examination: He was alert, pleasant, and cooperative. Upper extremities, he can fully abduct his arms. His spine had limited movement, he did not have pain with movement.